

Conant School Physical Education Guidelines:

1. Mask required at all times during PE class. If a student is medically exempt from wearing a mask, please provide the school district's approved documentation and school nurse's approval prior to Physical Education classes.
2. All Physical Education classes will happen outdoors as much as possible. Be prepared for outdoor weather. In the event of poor weather conditions, physical education classes will happen in the gym.
3. Physical education activities will involve social distance of 6 feet or more during active participation. Students will be frequently reminded regarding social distance protocols.
4. Equipment used will be disinfected, sanitized, and stored in labeled containers for up to 72 hours to avoid contamination.
5. When engaged in limited team sports activities, students are divided into groups of 4 or less with social distancing of 6 feet apart from each other during participation.
6. Students who exhibit signs of COVID-19 symptoms will be immediately sent to the health office and the nurse, school administrator, and parents will be immediately notified when possible.
7. Built-in frequent bathroom and water breaks will be included during Physical education class with social distance protocols and frequent proper hand washing hygiene.
8. All students will wash their hands prior and after physical education class.
9. Reusable Labeled Water Bottles are encouraged to be used during the Physical Education water breaks.
10. Due to privacy and confidentiality concerns, students are not allowed to discuss students who may have tested positive for COVID-19 in the past or current scenario.
11. Students who officially tested positive for COVID-19 and are medically cleared to return to in person school learning and were officially hospitalized for COVID-19 symptoms, must provide a medical clearance letter for full participation for physical education. This process will be conducted by the school nurse to the physical education teacher directly.
12. Paint Spraying equipment used for field markers and boundaries are eco-friendly and non-toxic and posed no health risks for students and staff.

Please check out the School's Physical Education website for more information:

<https://conantpe.weebly.com/covid-19-guidelines.html>