

Hello,

I want to thank you for substituting for me during these tough times. We have important protocols to follow due to the health and safety of our school. Please be sure to follow these guidelines listed down below. I understand it may take a few extra minutes of your time, but it is important that we maintain a safe and sanitized clean environment in order to avoid direct exposure for all.

COVID-19 Guidelines at Conant Physical Education:

1. **Air Purifiers:** Please make sure all air purifiers are turned on when using the gym. Please remember to turn them off at the end of the day.
2. **Face Coverings:** All students must have face coverings on at all times. No exceptions unless noted by the school nurse and/or principal.
3. **Mask Breaks:** Mask breaks are allowed outside the gym on the green tape in the hallway. Students may take a mask break/water break outside the gym. The student must be on the green line for their mask breaks.
4. **Social Distance Activities:** Please use the packet to utilize the activities that emphasize social distance activities. This packet is located in the yellow substitute folder in the PE office. Do not play regular activities as it could lead to unsafe and dangerous exposure!
5. **Hand Sanitization Procedures:** All students must sanitize their hands before and after PE classes. Please use the sanitizers bottles in the gym. If the student does not want to sanitize their hands, the individual student may go to the bathroom to wash their own hands.
6. **Equipment:** If you use PE equipment for your activity, please clean the equipment with the alcohol spray. If you do not have enough time to clean the equipment, please place the dirty equipment used in the dirty labeled laundry basket. This is a must due to contract tracing!
7. **Doors:** Please keep the two front doors wide open at all times. If needed, you may open the back door for more ventilations. Please be sure to close the back door when finished.
8. **Note/Issues:** Please let me know if you had any issues/ concerns that arise during your substitution day.