

Health and Physical Education Vision and Mission Statement

Our vision in the Acton Boxborough schools is that all students will understand, appreciate, and engage in a healthy and active lifestyle.

Our mission is to provide a progressive and comprehensive Physical and Health Education program through high quality research based instruction. Students will develop skills and knowledge through a wide variety of learning experiences in a safe environment. Our goal is to teach all children how and why they should keep themselves healthy and physically active throughout their lifetimes. Our instruction will emphasize physical fitness and skill application, critical thinking and decision-making, sportsmanship and cooperation.