

Grade	Sept/ Oct	Nov/Dec	Jan/Feb	March/April	May/June
	Units	Units	Units	Units	Units
Kindergarten	Rules/ Introduction	Parachute Activities	Scooter Skills	Space/Bound Game	Creative Movement
	Fleeing/Chasing	Numbers Game	Asian arts & games	Modifying stretches	Math games
	Games with Stop & Go Signal	Balancing	Cool Down Stretches	Striking/volleying	Coordination
First	Rules/ Introduction	Color Pattern	Scooter Skills	Space/Bound Games	Brain Gem
	Fleeing/Chasing	Parachute Activities	Asian Arts and games	Obstacle course	Pattern Games
	Line& Pattern Games	Locomotor Movement	Cool Down stretches	Math Patterns	Sequential Activities
	Personal Space awareness	Holiday Theme Games	Rolling	Dodging Activities	mini challenges
Second	Rules and introduction	parachute activities	scooter skills	space/bound games	transition games
	Review of fleeing and chasing	rhythmic movements	asian arts and games	obstacle course	team challenges
	Color/ math patterns	holiday theme games	cool down stretches	math patterns	intro to team sports
		stick games	locomotor patterns	Mat activities	group cooperation skills
Third	Intro to outdoor rules/regulations	parachute activities	Indoor team sports	Outdoor sports	Outdoor sports
	outdoor sports	PACER Testing	Cardiovascular Training	PACER Testing	Creative games
	intro to team sports	Turkey Trot	Curl Up test	Cooperative learning	Leadership training
	Walking/Running Program	Dance/Movement arts	Scooter skills	Group Challenges	Climbing
Fourth	Review of outdoor rules	parachute activities	Scooter skills	Pacer test	outdoor sports
	Develop Aerobic training progra	Pacer test	Exercise Stations	Outdoor sports	cooperative learning
	Outdoor Team sports	Turkey Trot	Indoor Team Sports	Running program	creative games
	Running/Walking Program	Dance/movement arts	Curl Up test	Dodging activities	Climbing
Fifth	Review of outdoor rules	Pacer test	Scooter skills	Pacer test	Climbing
	Organize aerobic training prog	Turkey Trot	Exercise stations	Outdoor sports	Outdoor skills/training
	Outdoor team sports	Dance/movement arts	Indoor Team sports	Interactive Observation	Creative games
	Running Program		Curl Up Test	Manipulative Activities	Dodging activities
Sixth	Reflections of rules/leadership	Pacer Test	Scooter skills	Obstacle course	climbing
	Outdoor team sports	Turkey Trot	Exercise Station	Pacer test	Yearly Recap

	Walking/Running Program	Dance/movement arts	Indoor Team sports	Running program	Create your own game
			Healthy Fitness Activities		Dodging activities