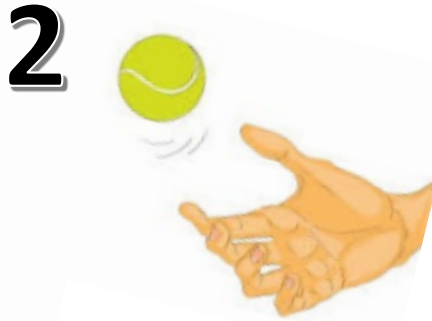


# K-1 AT-HOME CATCH QUEST

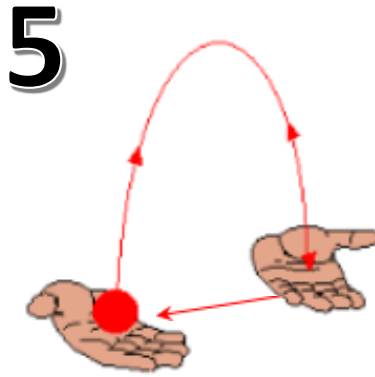
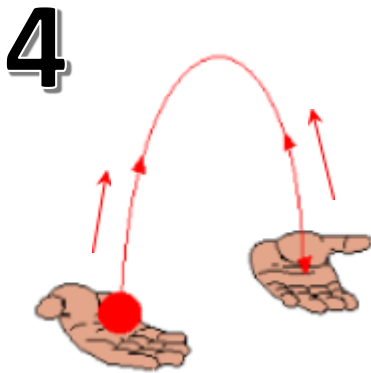
Use a ball, rolled-up sock, stuffed animal, anything you have! X = how many catches!



Catch the object with both hands 5x.

Catch the object with the right hand 5x.

Catch the object with the left hand 5x.



Toss back and forth between both hands 5x.

Toss in a circle pattern 5x.

Toss, clap and catch with both hands 5x.



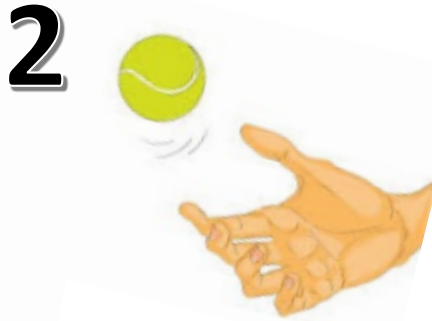
Toss, clap and catch with right hand 5x.

Toss, clap and catch with left hand 5x.

Toss and catch behind your back 1x.

# 2-3 AT-HOME CATCH QUEST

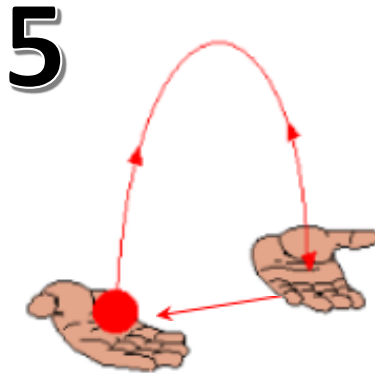
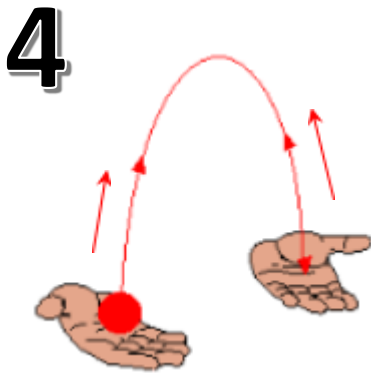
Use a ball, rolled-up sock, stuffed animal, anything you have! X = how many catches!



Catch the object with both hands 7x.

Catch the object with the right hand 7x.

Catch the object with the left hand 7x.



Toss back and forth between both hands 7x.

Toss in a circle pattern 7x.

Toss, clap and catch with both hands 7x.



Toss, clap and catch with right hand 7x.

Toss, clap and catch with left hand 7x.

Toss and catch behind your back 2x.

# 4-5 AT-HOME CATCH QUEST

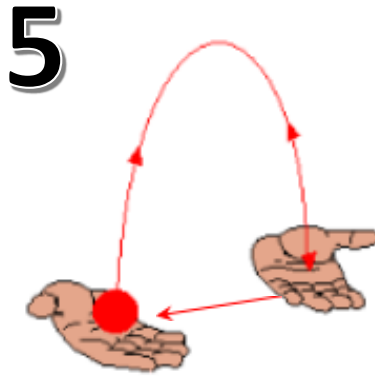
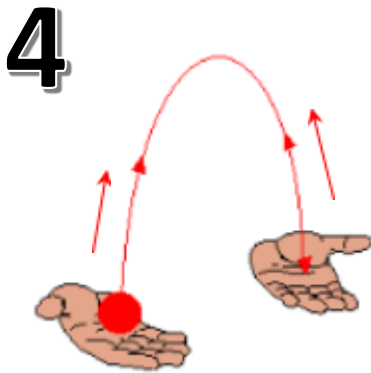
Use a ball, rolled-up sock, stuffed animal, anything you have! X = how many catches!



Catch the object with both hands 9x.

Catch the object with the right hand 9x.

Catch the object with the left hand 9x.



Toss back and forth between both hands 9x.

Toss in a circle pattern 9x.

Toss, clap and catch with both hands 9x.



Toss, clap and catch with right hand 9x.

Toss, clap and catch with left hand 9x.

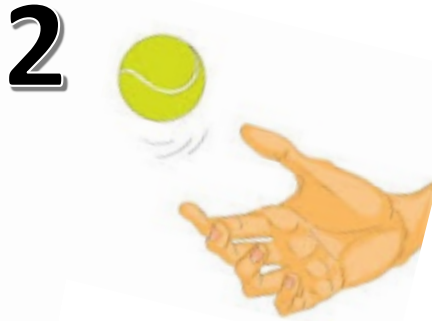
Toss and catch behind your back 3x.

# 6-7 AT-HOME CATCH QUEST

Use a ball, rolled-up sock, stuffed animal, anything you have! X = how many catches!



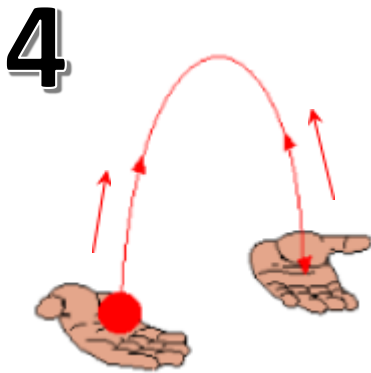
Catch the object with both hands 12x.



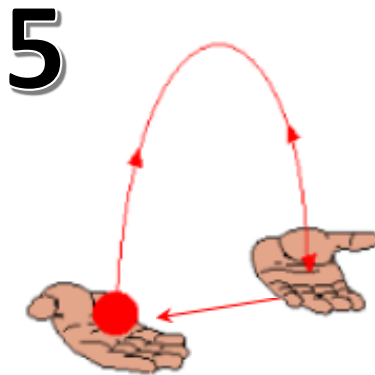
Catch the object with the right hand 12x.



Catch the object with the left hand 12x.



Toss back and forth between both hands 12x.



Toss in a circle pattern 12x.



Toss, clap and catch with both hands 12x.



Toss, clap and catch with right hand 12x.



Toss, clap and catch with left hand 12x.



Toss and catch behind your back 4x.

# 8+ AT-HOME CATCH QUEST

Use a ball, rolled-up sock, stuffed animal, anything you have! X = how many catches!



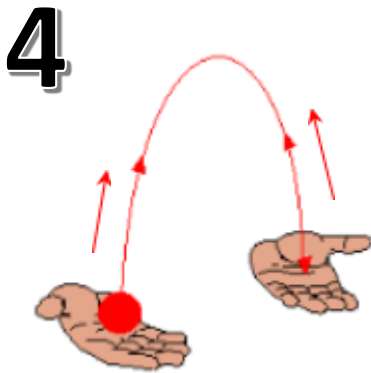
Catch the object with both hands 15x.



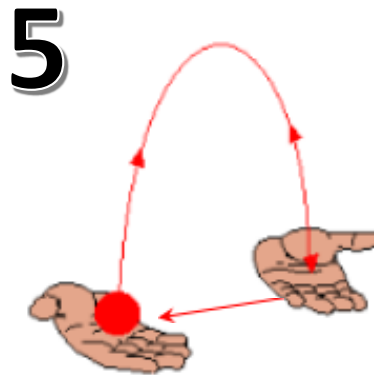
Catch the object with the right hand 15x.



Catch the object with the left hand 15x.



Toss back and forth between both hands 15x.



Toss in a circle pattern 15x.



Toss, clap and catch with both hands 15x.



Toss, clap and catch with right hand 15x.



Toss, clap and catch with left hand 15x.



Toss and catch behind your back 5x.