

Memory Scavenger Hunt

An object that reminds you of something you love	An item that reminds you of being five years old	An object that reminds you of school
An item that reminds you of being happy	An object that reminds you of your favorite story	An item that reminds you of your favorite animal
An object that reminds you of your favorite song, movie, or video game	An object that reminds you of your favorite color	An item that reminds you of yourself
An object that reminds you of a time that you laughed until you cried	An item that reminds you of a smile	An object that reminds you of your favorite food

Use the chart below to locate objects inside or outside your current surroundings. When you find the object, write what the item is on paper, in a journal, or talk about the object with someone.

If needed, use this sentence stem:

A _____reminds me of_____ because_____

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Wishing
you all the
best!

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