Acton-Boxborough Physical Education Dept.

Name: _____   Class:_____

Listed down below are the results of your child's individual scores from Pre- and Post-instructional assessments. The district's goal is to document student growth and share it with students and parents. Detailed below are the rubric scores for overhand throw performances videoed in Fall and Spring. Students threw 3 tennis balls from a line 25 feet from the target, a 6 foot X 6 foot target hung 3 feet above the ground. Each throw was scored on the National Standards for Physical Education Form and Accuracy rubrics below. Elements not demonstrated for all three throws were circled for students to see for making improvements in the Spring assessment. Please contact your child's physical education teacher if you have any questions.

Fall Score: _____ **Rubrics: Form: (0-5 Rating) + Accuracy to Target (0-4 rating) =Total Score (0-27 rating)**	**Spring Score: _____** **Rubrics: Form: (0-5 Rating) + Accuracy to Target (0-4 rating) =Total Score (0-27 rating)**

Form: _____ , _____ , _____
Areas for Improvement are circled down below if needed:
 	
5- Displays all the selected essential elements with fluid motion
4- Throws with all the selected essential elements:
   a) Throwing elbow shoulder high
   b) Sideways orientation in preparation for throw
   c) Transfer weight onto opposite foot during throwing motion
   d) Differentiated trunk rotation on the follow through after the release of the ball
3- Throws with 3 of 4 essential elements
2- Throws with 2 of 4 essential elements
1- Throws with 1 essential element
0- Violates protocol or unsafe
 	
Target : _____ ,_____, _____
4- Ball hits target with force
3- Ball hits the target area on the wall
2- Ball hits the wall but not the target area
1- Ball fails to reach the wall
0- Violates protocol or unsafe
	Form: _____ , _____ , _____
	Areas for Improvement are circled down below if needed:
	
	5- Displays all the selected essential elements with fluid motion
	4- Throws with all the selected essential elements:
	   a) Throwing elbow shoulder high
	   b) Sideways orientation in preparation for throw
	   c) Transfer weight onto opposite foot during throwing motion
	   d) Differentiated trunk rotation on the follow through after the release of the ball
	3- Throws with 3 of 4 essential elements
	2- Throws with 2 0f 4 essential elements
	1- Throws with 1 essential element
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	Target : _____ ,_____, _____
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	0- Violates protocol or unsafe

Comments: